

## Science

### Year 3

#### Service as Action

Mental health is just as important as physical health. Just like how taking care of our physical health gives us the ability to move and play, taking care of our mental health gives us the ability to handle challenges that come our way. We can all do things to raise awareness, and what is most important is that we try. Learners thought of conducting an Indirect Service by creating posters to spread the word and raise awareness of Alcohol and drug misuse and abuse, therefore, we used Padlet to design the posters. Moreover, learners decided to collaborate to create an attractive presentation since each one created an individual slide to tell their community and friends “Do not take Drugs” in their own way.

#### Service as Action Learning Outcomes:

- Become more aware of their own strengths and areas for growth
- Consider the ethical implications of their actions.

Anonymous · 7m

### Faisal's Poster



👍 9 🗨️ 5

Add comment

Anonymous · 11m

### jamal



Add comment

Anonymous · 2d

### Mohammad

Alcohol is very addictive and not good for you if you cant let it go. Multiple drinks have alcohol in them, like beer, vodka, wine and other drinks. The most common alcoholic drink bought by alcoholics is beer, because it is affordable and addictive. It can be bad because alcoholic dads sometimes become physical and drunk. It is also very bad because of alcohol poisoning, which is caused by drinking large quantities of alcohol in a short period of time. It can most likely kill you.

👍 3 🗨️ 0

Add comment

Christ Meouchy · 16m

👍 1 🗨️ 1

Add comment

Anonymous · 2d

### osama

drugs always have a bad impact on the drinker health and can effect on the shape of the body and the mental

👍 1 🗨️ 0

Add comment

Anonymous · 2d

### atallah wahhab

cocaine will raise your blood pressure and there is a big risk on your heart  
this could cause heart attack  
Over time, snorting 🍬 damages the cartilage in your nose that separates your nostrils. Taking

Add comment

Issa Dabbour · 15m

### sleeping pills

make us depressed and don't want to do anything except sleeping and maybe eating sleeping pills make u die



Drug make u die

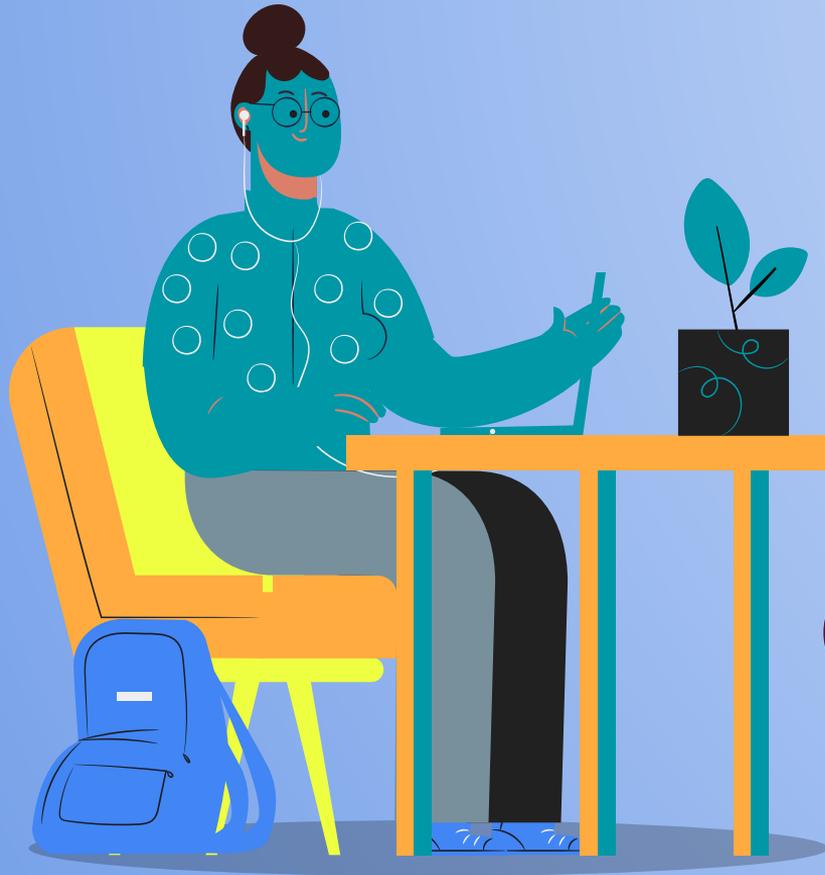
👍 4 🗨️ 0

Add comment

Anonymous · 11m

### Hassan (alcohol)

alcohol increases the risk of breast cancer oral cancer and heart disease make you every addicting so you can lose family



# Responsible Citizenship in a Challenging Age

MYP Year 3 students

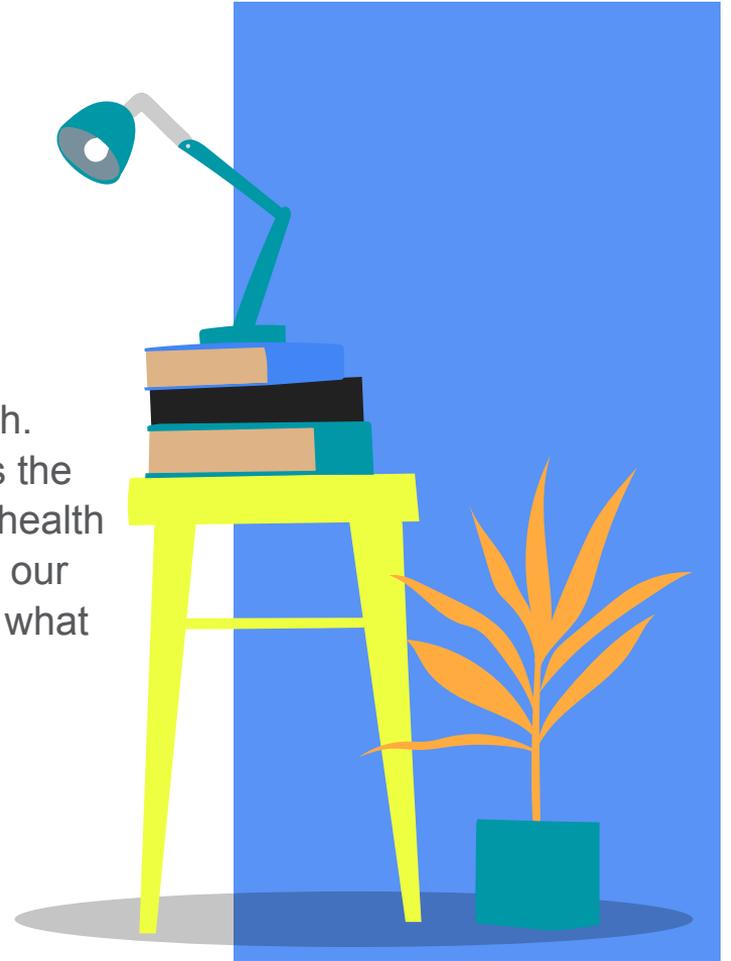
## Criterion Strands:

- i. describe scientific knowledge.
- ii. apply scientific knowledge and understanding to solve problems set in familiar and unfamiliar situations.
- iii. analyse information to make scientifically supported judgments.

ATL: Collaboration

# INTRODUCTION

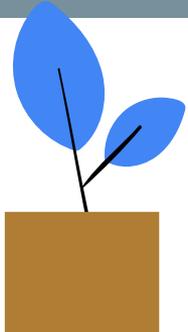
Mental health is just as important as physical health. Just like taking care of our physical health gives us the ability to move and play, taking care of our mental health gives us the ability to handle challenges that come our way. We can all do things to raise awareness, and what is most important is that we try.



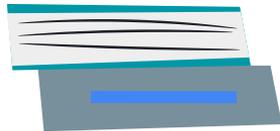
Faisal Alshraifat

# Most common reasons for misuse of drugs

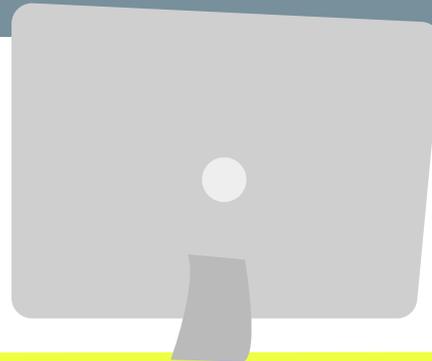
Avoiding depression



Seems fun



Don't know the consequences



Already addicted



# Issa

## Drugs

Drugs are medicine but if you consume it, you will be depressed. Drugs may be legal (alcohol, caffeine and tobacco) or illegal (cannabis, ecstasy, cocaine and heroin).



# The most addictive substances

Saif Asali

01. Heroin



02. Alcohol



**Had el zalameh very  
depressed w garfan  
Zashan modmen alcohol  
fa ma tkonesh zayo**

03. Cocaine



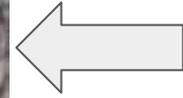
04. Barbiturates  
("downers")



# Drugs



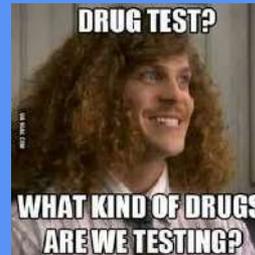
BEDAK  
DRUGS?



WANNA  
BE  
HAPPY??  
????

Abdullah: Raising awareness about drug abuse and alcohol abuse and that mainly teenagers some of them are drinking alcohol and taking drugs

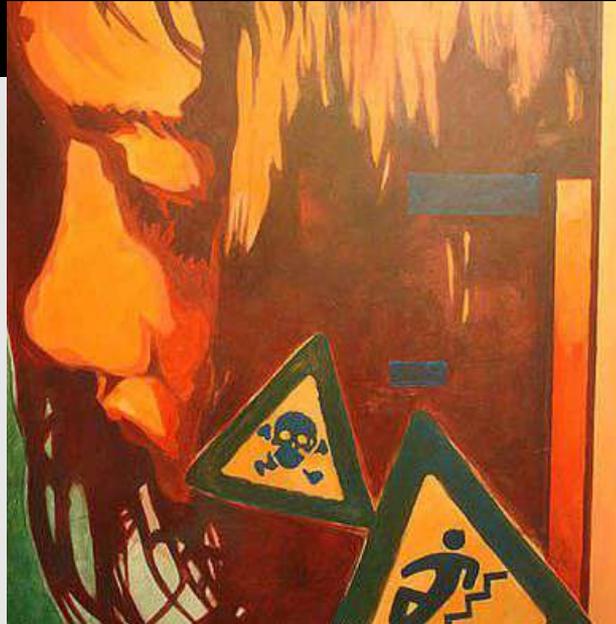
JUST STOP TAKING DRUGS EASY  
RIGHT>:(



# Alcohol (By Hassan Shaheen )

It can be hard to stop drinking you need to set a goal like.

Alcohol & Substance Abuse  
**PREVENTION**  
Project  
[StopAlcoholUnder21.org](http://StopAlcoholUnder21.org)



# Ramez Mina:



**DRUGS**

not suitable for dogs



LOLCAPTION.COM

**COCAINE**

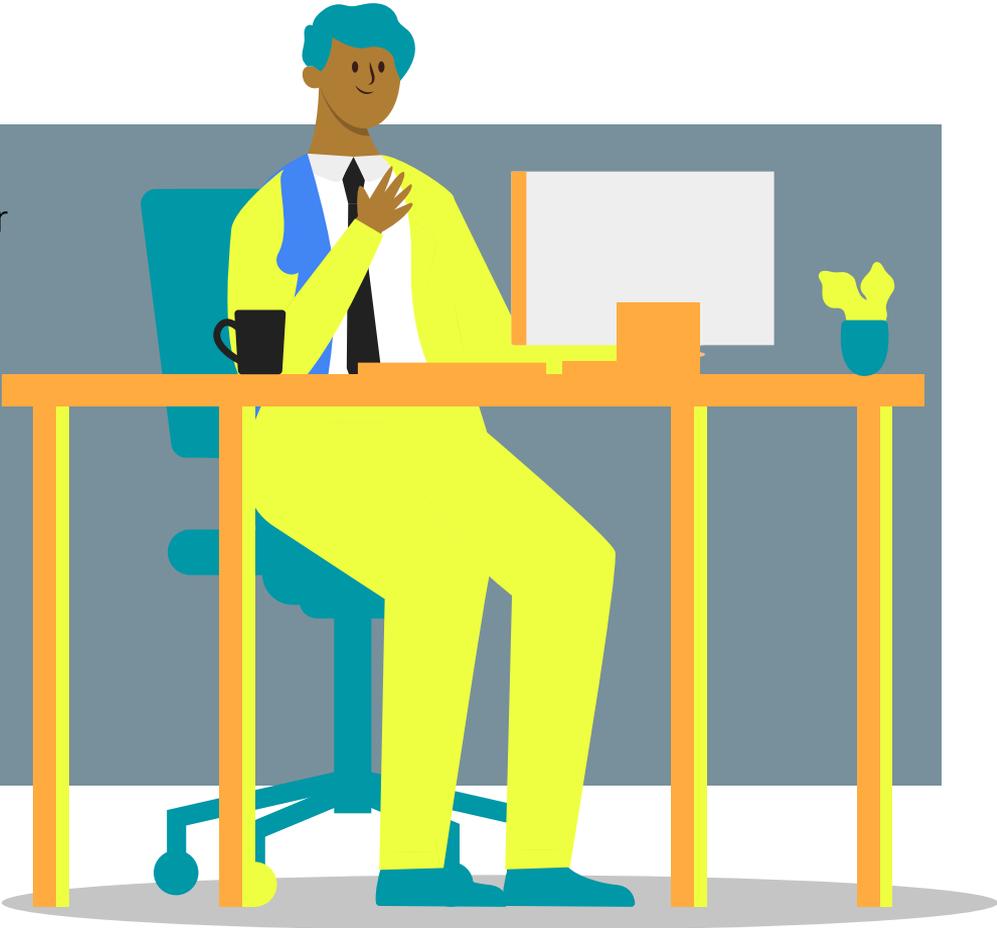
F...in' Woof

Just don't  
do drugs  
Or you'll  
end up like  
these



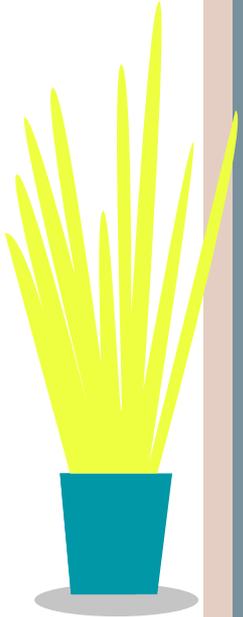
# Mohammad:

Drugs are very addictive and can kill you and your future.



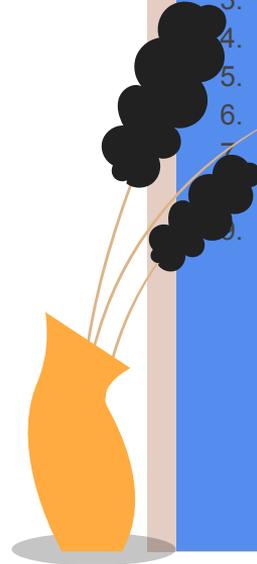
## Do drugs affect your body?

Mazen: Drugs have a huge effect on your body if misused even some medical drugs can have a huge affect on your body



## Some reasons for the use of drugs are:

1. End of a relationship
2. Mental illness
3. Environmental influences
4. Relaxation
5. Self-medication
6. Financial burdens
7. Career pressures
8. School pressures
9. Family demands



Christ

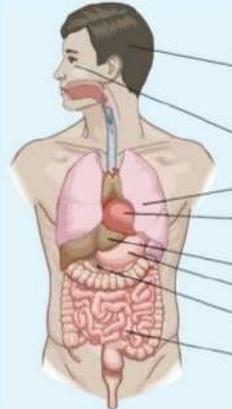
Drugs have some extremely negative effects that can have a huge impact on your life. If taken in huge portions, they may result in an overdose, or in tolerance and dependency on the drugs. If you take too much drugs, eventually you won't be the same person when you're off drugs. You start to lose family and friends and the bonds with those around you. Leaving you alone and furious, and probably depressed, and that ends up leading you back to more drugs, will get you stuck in a problem of needing drugs to be happy.



# *Rinad Al-Hasani:*

Alcohol and Drugs have negative impact on our health or functioning and may take the form of drug dependency for a good health. When you take drugs, you will feel difficulty conceiving, bad mood, and nausea.

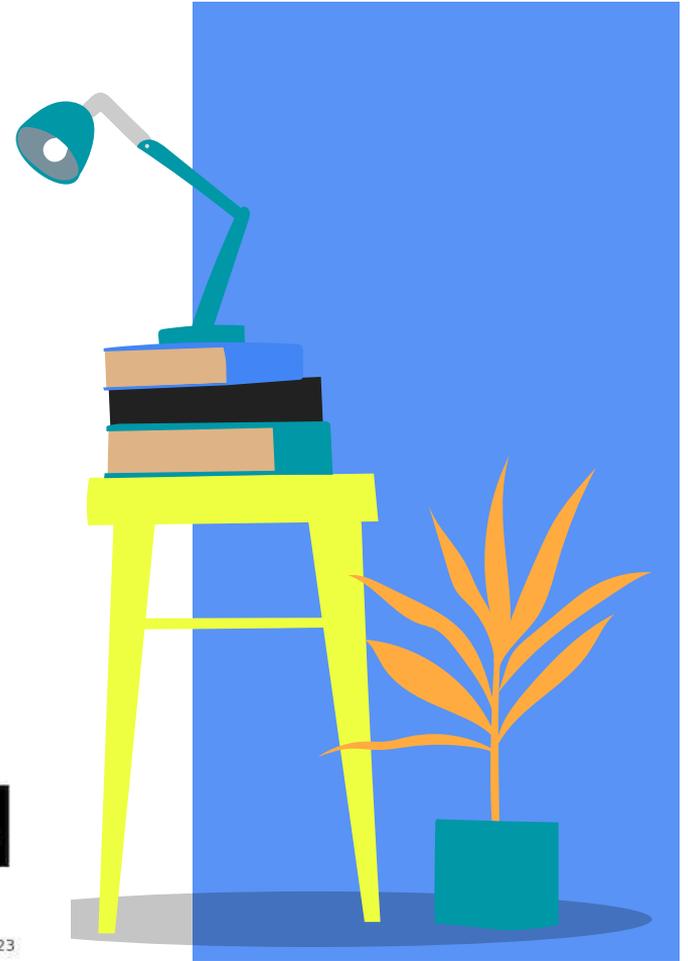
## **Common Side Effects of Drugs**



Organ	Side Effect	Drug
Brain	Insomnia Drowsiness Hallucinations Psychosis	Amphetamines, caffeine Alcohol LSD Cocaine, PCP, amphetamines
Eyes	Blurred vision Bloodshot eyes	PCP Marijuana
Lungs	Emphysema Cancer	Tobacco, marijuana
Heart	Heart attacks Arrhythmias	Amphetamines, spice, cocaine
Liver	Cirrhosis	Alcohol
Stomach	Nausea	Narcotics
Kidneys	Increased urine	Alcohol, caffeine
Intestines	Constipation	Narcotics



shutterstock.com • 1396254923



Jamal hanhan:

# How does drugs affect students

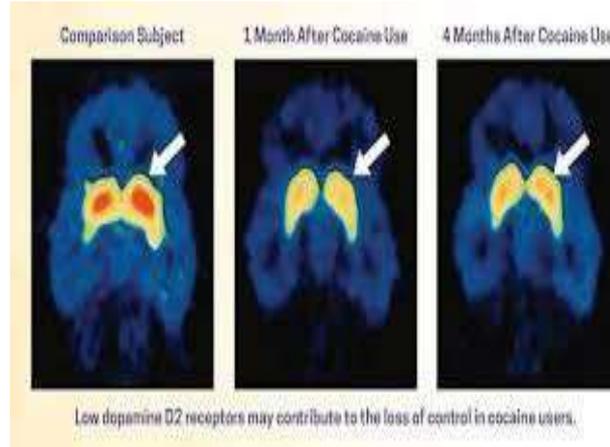
Students can easily have drugs or smoke/vape because there are some bad influencers who can harm teenagers and most of them are friends



# What are positive effects of drugs?

By Saif Sawalha

**Drinking alcohol or doing drugs can lower a person's inhibitions, reducing feelings of self-consciousness and enabling them to feel more loose and comfortable in situations that would typically cause anxiety. "Drugs and/or alcohol help me relax."**





Christine Akroush + 14 · 11d

# Raising Awareness

Made with creativity and hard work

Anonymous 11d

5 likes 0 comments

Add comment

Anonymous 11d

Mazen

8 likes 2 comments

Add comment

Christine Akroush 11d

Be Creative My little Scientists

1 like 1 comment

Add comment

Anonymous 11d

gaith

drugs may have a bad affect on the human body and possible could damage the body.

5 likes 1 comment

Add comment

Anonymous 11d

Faisal's Poster

Does harming your body seem entertaining

Does seeing hallucinations and going crazy seem entertaining

9 likes 5 comments

Add comment

Issa Dabbour 11d

sleeping pills

make us depressed and don't want to do anything except sleeping and may be eating sleeping pills make u die

Anonymous 13d

osama

drugs always have a bad impact on the drinker health and can effect on the shape of the body and the mental

Anonymous 13d

atallah wahhab

cociane will rais your blood plesure and the is a big risk on your heart

Anonymous 13d

Mohammad

Alcohol is very addictive and not good for you if you cant let it go. Multiple drinks have alcohol in them like beer, vodka, wine and

Anonymous 11d

jamal



4 0

Add comment

Christ Meouchy 11d

### Alcohol

*intaking a lot of alcohol can negatively affect your life, as it is very easy to get addicted to alcohol, and when you're under the influence you tend to do a lot of rash things without thinking. This can result in you raging all the time, you forget your relations with people and are constantly angry. Occasionally it could get so bad you start to beat the hell out of your family, which is a serious problem, and many people are forced to take abuse, and this will result in many people taking in the abuse out of fear of exceeded abuse from the drunk person if reported. And this unfortunately*

Anonymous 11d

### Hassan (alcohol)

alcohol increases the risk of breast cancer oral cancer and heart disease make you every addicting so you can lose family and friend

2 0

Add comment

Anonymous 13d

### Faisal Alshraifat

Cigarettes not only affects your respiratory system but many systems in your body like your circulatory system as it could lead to heart attacks. Cigarettes also affect your mental state as it is proven to increase anxiety and stress. this has been normalized in our community so before trying it

baby, cause miscarriage, premature labour and low birth weight.

1 0

Add comment

Anonymous 11d

### Ramez Mina

alcohol can make you have:

- high blood pressure.
- irregular heartbeat.
- difficulty pumping blood through the body.
- stroke.
- heart attack.
- heart disease.
- heart failure.
- anxiety
- nervousness
- causes

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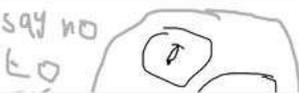
3 0

Add comment

Anonymous 11d

### saif asali heroin

Heroin takes the number one spot as the most addictive substance on the planet. what makes this drug so dangerous is that the chance of having an overdose is really high.



because there is no such thing as "i harm my self i am cool"

7 1

Add comment

Anonymous 13d

### Jamal hanhan

stimulants' drug come like a powder or like pills Stimulants are a group of drugs that result in increased activity in the body.

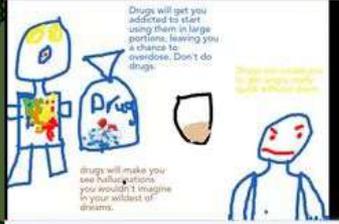


3 0

Add comment



reported, and the uncertainty causes a lot of trauma in between people.



4 likes, 1 comment

Add comment

make sure to think of your health first



3 likes, 0 comments

Add comment

Anonymous 11d

jad ballan ( alcohol)

if a person gets addicted to drinking alcohol always it can damage their kidneys it can make them lazy , depressed and angry on the other hand some people drink alcohol to forget about their problems.

- nausea
  - tremors
  - high blood pressure
  - irregular heartbeat
  - heavy sweating
- and a lot more bad stuff



4 likes, 0 comments

Add comment



4 likes, 0 comments

Add comment

Anonymous 13d

Mazen

drugs slowly kill you 😞😞

3 likes, 0 comments

1 comment

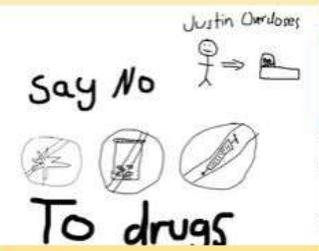
Anonymous 13d

Add comment

Anonymous 11d

Abdullah

For example Marijuana can make your stomach and kidney more weak and increase the chance of getting a heart attack. It makes you cough alot and make your eyes extremely red. But sometimes it can help you reduce pain and inflammations in the body. Marijuana helps you decrease or increase the anxiety.



6 likes, 1 comment

“The lifestyle choices we make in adolescence can have physical, social, and emotional health consequences that affect our body systems.”

MYP - Year 3 Students

The image displays a 3x3 grid of video call thumbnails. The top-right thumbnail is labeled "You" and shows a student with glasses in a room with red curtains. The middle-right thumbnail features a circular logo with the text "I. Hanbar" and a stylized graphic. The bottom-right thumbnail is labeled "Saif Al Asali" and shows a student with glasses. Other thumbnails show various students in different settings, including one with a pink circle containing the letter "A" and another with a newspaper background.

